#### Small Group Offerings Fall 2024



We are a multi-generational, social justice-oriented community of joyful, imperfect people who welcome absolutely everybody with hospitality, openness, and acceptance.

Montclair Presbyterian Church 5701 Thornhill Dr. Oakland, CA 94611 (510)-339-1131 mpc-family@mpcfamily.org

Registration Closes Friday, October 11th



## Postcard Writing Party!

Saturday, October 5th 3:00 pm - 5:00 pm MPC Thornhill Room

Let's write some postcards to help preserve our democracy! We'll be writing to voters in the all-important keystone state of Pennsylvania to encourage them to vote, along with their friends and families. Every postcard helps!! And you don't have to do it alone. Come to MPC's Thornhill Room on Saturday, October 5th from 3:00 pm to 5:00 pm. We'll have everything you need, including camaraderie and snacks!!

To Register: Please send an email to betmuth@gmail.com

\*Class Fee: Free!

\*Age Group: 12+

Legible Printing Required
\*Minimum Participants: 4
\*Maximum Participants: 20



## Make Friends with Needle Felting!

Saturdays,
October 27th &
November 9th
2:00 pm - 4:00 pm
MPC Family Room

Get acquainted with a new craft and make some friendly little critters! Needle felting will be offered for two, two hour sessions on Saturdays October 27th and November 9th. You'll be able to complete at least one simple project (a pumpkin, mushroom, or owl) and one more complicated one (like a gnome or woodland animal). All materials will be provided.

To Register: Please send an email to cynthia.cudaback@gmail.com

\*Class Fee: Free

\*Age Group: 12+

\*Minimum Participants: 4

\*Maximum Participants: 8



## Coiled Basketry with Karen Ray!

Saturdays, November 2nd & November 16th 10:00 am - 12:00 pm MPC Family Room

Did you ever want to create your own coiled basket? If so, we have the class for you! Back by popular demand, coiled basketry will be offered for two hours on Saturdays November 2nd and November 16th. You will learn how to start your coiled basket, how to shape it, how to wrap, and change colors. Each person will leave the class with a small coiled basket. All materials will be provided.

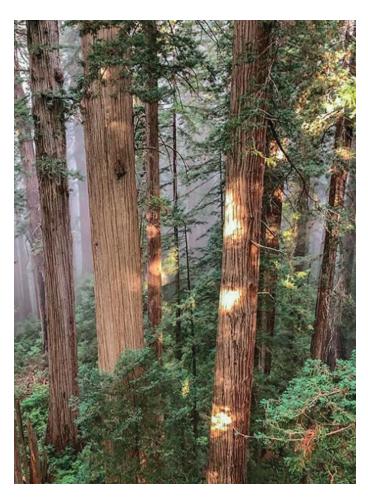
To Register: Please send an email to karenraygibson@gmail.com

\*Class Fee: Free

\*Age Group: 12+

\*Minimum Participants: 4

\*Maximum Participants: 8



# Connect with Nature in the Redwoods!

Sunday, November 10th 1:00 pm - 3:00 pm Joaquin Miller Park

Let's spend some time together in the redwoods in Oakland's Joquin Miller Park! Using simple techniques such as breathwork, mindful walking, and sensory awareness, we will deepen our connection to nature, ourselves, and Spirit. Session includes guided exercises, readings, inspirational poetry, time for reflection, and sharing.

To Register: Please send an email to betmuth@gmail.com

\*Class Fee: Free

\*Age Group: 12+

Children and youth must be accompanied by an adult

\*Minimum Participants: 4

\*Maximum Participants: 12

\*Information on location and carpooling will be provided to those who register



#### Sunday Matinee Movie! "A Man Called Otto"

Sunday, December 8th 11:30 am - 2:00 pm MPC Thornhill Room

"A Man Called Otto" is a 2022 American comedy film with Tom Hanks in the title role. Based on a 2012 novel by Fredrik Backman, the plot follows a bitter old man who reluctantly gets involved in the lives of his neighbors. Running time 126 minutes. Participants are invited to bring your own lunch or snacks to share. The movie will begin at 11:30 am on Sunday, December 8th in the Thornhill Room.

To Register: Please send an email to debfal@sbcglobal.net

\*Class Fee: Free

\*Age Group: 12+, Movie rated PG-13

\*Minimum Participants: 4
\*Maximum Participants: 20



#### Let's Make Steamed Thai Spring Rolls!

Saturday, January 11th, 2025 10:00 am - 1:00 pm MPC Family Room & Kitchen

Join this class with May Lee Tong to learn to make Thai steamed spring rolls! We will make vegetarian and meat versions — your choice! Tipapat Tastian (Kyu) will be our instructor (very handy to have a Thai daughter in law!). This recipe uses easy to obtain rice paper, and we will make our own stuffings. To top off our lunch, we'll make chicken coconut soup with Thai basil. Yum!

To Register: Please send an email to mayleetong@gmail.com

\*Class Fee: \$20

\*Age Group: 12+

\*Minimum Participants: 4

\*Maximum Participants: 10

\*Please specify "meat" or "vegetarian" when you register